

PATRICIA PUTNAM PHILLIPPI, MS

Bona Via Coaching

A personal journey along the Good Way



- Are you in a fog about how to move forward on a project, goal, or decision?
- Do you know your signature strengths and how they can help you achieve your goals?
- Are you looking for meaning and purpose after a life event or crisis has launched you into a season of uncertainty?
- Are you flourishing in your relationships with God and others?

NOW ACCEPTING
NEW CLIENTS
(ages 18+)



In Person Coaching

204 S. Tyler Street
Covington, LA 70433



Virtual Coaching

One-on-one session via Zoom offers visually focused coaching in a convenient setting.

1

CREATIVE

You have a will that frees you to create with meaning and purpose.

2

RESOURCEFUL

You have gifts, talents, & strengths that can help you grow and flourish.

3

WHOLE

You are redeemed by a loving God who has made you in His image.

For more information or to schedule an appointment:
985-630-5733
patricia.bonaviacoaching@gmail.com

A Catholic-Christian Approach

Every individual is created, fallen, and redeemed. Every person is a body-soul unity fulfilled through vocation and in virtue, possessing dignity and worth.

This approach is integral to my accompaniment of individuals in coaching because it sets the stage for understanding the unique creation of each person and how he or she is called. This *Good Way* or *Bona Via* advances the goal of flourishing by helping clients discern, respond to, and balance three distinct callings:

- **Called to goodness** - to live a value-guided life in relationship with God.
- **Called to vocation** - to live out vocational commitments to others whether single, married, or through a distinct religious calling.
- **Called to community** - to participate in socially meaningful work, service, and leisure.



These callings are appreciated and reflected in every issue brought to the coaching session. My role is to inspire self-awareness and invite meaningful exploration of thoughts and habits that help or hinder flourishing. I will listen to you attentively and encourage you in your endeavors. I will celebrate your successes and help you reframe perceived failures into opportunities for growth and learning. Faith-based integrations and coaching with the virtues are available as requested.

If you are interested in becoming a coaching client, contact me to set up a complimentary inquiry session. At that time, we will discuss the coaching process, available options, and your expectations so you can evaluate if coaching is right for you. I look forward to hearing from you.

ABOUT ME

I received a BA in psychology from Loyola University in New Orleans and a MS in psychology from Divine Mercy University's Institute for the Psychological Sciences. My academic work in positive psychology and human flourishing launched my interest in strengths-based coaching. I am currently pursuing board certification and specialized training in an accredited International Coach Federation program. I was selected by the National Board of Certified Counselors as a 2020 Foundation Scholarship recipient in support of my advancement as a Board Certified Coach.

My Catholic-Christian formation influences a purpose-driven, hope-inspired approach to coaching. I would be honored to help you chart your path along the *Bona Via*.

